

## LEISD Wellness Policy Assessment 2015-2016

Goals and Procedures	Implemented	Comments/Signatures
<b>Nutrition Education</b>		
LEISD has implemented, in accordance with the law, a coordinated health program with a nutritional education component and shall use health course curriculum that emphasized the importance of proper nutrition	Yes	
LEISD students will receive nutrition education that fosters the adoption and maintenance of healthy eating behaviors	Yes	
<b>Physical Activity</b>		
LEISD has implemented, in accordance with law, a coordinated school health program and the state mandated time for daily/weekly physical education is provided	Yes	
Students in high school have met the physical education component as required for graduation	Yes	
The district provides an environment that fosters safe and enjoyable fitness activities for all students, including those who are not participating in competitive sports	Yes	
Time allotted for moderate to vigorous physical activity is consistent with state standards and district board policy and regulation	Yes	
<b>School Based Activities</b>		
Schools have set schedules that allow a minimum of 10 minutes to eat breakfast and 20 minutes to eat lunch; this does not include time a student waits in line	Yes	
Schools do not use foods or beverages as rewards for academic performance or good behavior, and do not withhold food or beverages as a punishment	Yes	
Teachers and other school personnel will not use physical activity or withhold physical activity as punishment	Yes	
Wellness for students and their families is promoted at suitable school activities	Yes	
Employee wellness education and involvement is promoted at suitable school activities	Yes	
<b>Nutrition</b>		
LEISD participates in USDA child nutrition programs offering reimbursable school meals that meet or exceed current USDA nutrition standards	Yes	